## WORKSHEET 3

## Peace and the essence of peace today

One elementary way of defining peace has been to say that peace is absence of war. This is, however, a very narrow view of peace. No doubt absence of war is the first condition of peace, yet peace is not merely an absence of war. It is in reality a condition characterised by peaceful, cooperative and harmonious conduct of international relations with a view to secure all-round sustainable development of the people of the world.

In fact, till today there have been present several hindrances in way of securing a stable, healthy and enduring peace. Fortunately, the final end of cold war came in the last decade of the 20th century and the world found herself living is an environment characterised by a new faith and commitment to peace, peaceful co-existence, peaceful conflict-resolution, liberalisation, cooperation for development and attempts at sustainable development.

The people began focusing their attention on the need for the protection of human rights of all, protection of environment and securing of a real and meaningful international integration.

However, in today's world, peace and harmony face various threats. Terrorism, regional imbalance, economic disparity, and social inequality are some of the factors which threaten peace today. We all are so engrossed in our busy lifestyles and yet want our lives to be peaceful. We expect that peace to be omnipresent but what we need to realize is the fact that if we want peace- we have to live peacefully, love everyone, forgive, forget, etc.

It's not enough to stand around asking if world peace will ever happen because that won't do anything. Actions speak louder than any words. If everyone starts living the peaceful, loving way, things will change. But someone has to start and lead by example. Mahatma Gandhi once said "You must be the change you wish to see in the world."

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